

What Can I Expect From A Visit With Dr. Wilson?

Thank you for choosing Dr. Wilson for your Naturopathic Medicine support.

Ralph Wilson, N.D., M.S. Acupuncture is a naturopathic physician with training in both western medicine and several holistic medicine approaches to improving health. He is board certified as a naturopathic physician, has extensive training in Complementary and Alternative Medicine approaches and is a member of the Oncology Association of Naturopathic Physicians. His philosophy is to provide information, assessments and treatments that change a patient's outlook and add resources for healing, while at the same time collaborating with other practitioners (medical, dental, chiropractic and other practitioners).

Dr. Wilson focuses on providing additional options for integrative treatment of:

Chronic Health Puzzles	Cancer Support	Autism/Brain Health Support
<ul style="list-style-type: none"> • Naturopathic consultation • Integrative Homeopathy • M.E.A.D. analysis • NES biophysics scan 	<ul style="list-style-type: none"> • Functional Assessments • Self-Healing Training • Integrative Homeopathy • Counseling/Mind-Bodywork • Biofeedback instruction 	<ul style="list-style-type: none"> • Craniosacral Therapy • Integrative Homeopathy • M.E.A.D. analysis • SCENAR

As a courtesy to our patients, free parking validation is provided in our building. Thank you for choosing Dr. Wilson for your Naturopathic Medicine support.

Preparing for the work: Initial visit without integrative referral

I. Part One (approx. 30 minutes: can be done prior to visiting the office): Learn about Dr. Wilson's approach, via websites: www.NIHAdc.com, and www.NaturalWorldHealing.com and literature. Read "A Lifestyle of Healing" / listen to Audio Welcome Packet. (A CD is available.)

II. Part Two (approx. 30 minutes: can be done prior to visiting the office): History -- fill out the patient health history form prior to the appointment.

III. Part Three: **Sign-In/Arrival at Office** (15 minutes) -- with Patient Coordinator

IV. Part Three (1-1/2 hours): With Dr. Wilson, A) Review History B) Examination/Testing C) Assessment and Discussion about findings D) Outline plan of action. **The Natural Medicine Approach: The History, Examination/Testing and Assessment often draw upon the systems of Traditional Chinese Medicine, Homeopathy, Ayurveda, Iridology and Body Psychotherapy. These add to what may have been learned by western medical practitioners. This often will reveal formerly hidden underlying contributors to the presenting problem, including factors that block return to full vibrant health.**

V: Checkout (approx. 15-30 minutes): With staff. Any supplements, books, etc. prescribed.

A) After completing your visit with Dr. Wilson, you will check out with his Patient Coordinator.

Payment is due at the time of service. We do not participate with any insurance provider at this time.

B) We will provide you with a copy of your progress notes, supplement recommendation sheets, receipts. If supplements are prescribed at this time, these can be purchased outside of our office, but may also be purchased here for your convenience. A separate transaction for the supplements will take place during checkout.

Initial Visit as integrative referral from another practitioner

I. Review of request by referring practitioner

II. A) Examination B) Assessment and Discussion about findings, to be given to referring practitioner

C) Outline plan of action

III: Check out (as described above)

Follow-up Visit:

I. Review of progress. With Dr. Wilson.

II. A) Examination B) Treatment Plan including integrative consultation with other practitioner.

III. Check out (as described above)

[12/19/2007]