

Integrative Homeopathy -- Resources and Preparation

Resources explaining an integrated program of homeopathic remedies and other services offered in an Integrative Medicine context. A major part of the program is Therapeutic Education: teaching you about the natural laws of health and illness. This results in more knowledge about your health and more control over what develops from your health care decisions. Your choices and actions influence the speed with which your health improves -- living in a way that supports healing just makes sense.

Think of your life as a process of constant healing.

Ralph Wilson, N.D.

• www.NaturalWorldHealing.com • www.IntegrativeHomeopathy.org

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Request for distance Medical Heilkunst homeopathy consultation

(given to patient to contact Heilkunst doctor)

To: [Practitioner Name]:

Address:

City/State/ZIP:

Phone:

e-mail:

Internet site:

Re [Patient Name]:

e-mail:

Date Seen:

I am referring the patient named above for distance consultation to receive recommendations and homeopathic remedies based on the Medical Heilkunst program. The patient has been given information about Medical Heilkunst as described on the website: **www.homeopathy.com**.

Key items about the patient:

I and our clinic can provide services I understand you sometimes recommend for your clients. Items checked below have already been provided:

- Nutrition Information given (Body Type; BioType; Blood Type -- from FoodPharmacy)
- Therapeutic Education begun (told of www.Homeopathy.com; Access to Autism biochat, mp3)
- Cranio-Sacral Therapy
- SCENAR to address "armoring"
- Initial homeopathic ETR 30C given (Emotional Trauma Remedy)
- Biological Dentistry
- Patient Record and Timeline instructions: [included in this packet]
- Iridology photographs
- Other:

Your consultation is expected to include focus on clearing Chronic Miasms, Chthonic Diseases and Iatrogenic Diseases, which have been described to the patient, and which require the custom homeopathic remedies that you can provide. I expect that the patient will greatly benefit from your care and from Therapeutic Education, learning more about the expanded understanding of life that comes with the experience of treatment with the Medical Heilkunst model.

I expect the main feedback about your management to come to me from the patient, as you are independently contracting with the patient for your services. If you have any questions, please contact me.

Signature: **Ralph Wilson, N.D.** [electronic signature]

Ralph Wilson, N.D.

Reprinted from original of:
HAHNEMANN CLINIC FOR HEILKUNST
Patient Record

PLEASE PRINT INFORMATION DATE COMPLETED:

NAME: _____ Date of Birth _____

ADDRESS: _____

PHONE: HOME: _____ **OFFICE:** _____

CELLULAR: _____ **E-MAIL:** _____

CREDIT CARD: [given by patient to practitioner]

Referred by:

Family Physician:

REGIMENAL DATA

Blood Type: _____ Glandular Type: _____ Metabolic Type: _____

GENERAL

Marital status: _____ Children [F/M]: _____ Age(s): _____

Siblings [F/M]: _____ Pets: _____

CONSTITUTION _____ (to be completed by practitioner)

TESTS:

Dynamic Blood Analysis Dates Initial: _____ Second: _____
(to be completed by practitioner)

Third: _____ Fourth: _____

PURPOSE FOR TREATMENT

MEDICAL CONDITION / DIAGNOSIS

MEDICAL HISTORY / SURGERY

MAJOR PHYSICAL TRAUMAS

MAJOR mental/emotional TRAUMAS

MEDICATION(S)

DOSE

PURPOSE

SUPPLEMENT(S) – Vitamin / Mineral / Other

ALLERGIES / SENSITIVITIES

DIET **what is your typical meal?**

Breakfast:

Lunch:

Dinner:

Snacks:

Cravings:

Heilkunst & Homeopathy Timeline

Guide to Developing the Traumatic Timeline

As part of treatment, we ask that you complete a traumatic timeline. Place all shocks in a chronological order (see example below) starting either from conception/birth, or from the present and working your way back in time.

The following types of events should be considered as possible shocks or traumas:

Physical

- *Pre-birth*: any drugs, alcohol, smoking or severe illnesses in mother (particularly of a viral nature); also consider any emotional shocks to mother during pregnancy or in mother/father at time of conception (see section on emotional traumas below); ultrasound or other invasive testing.
- *Birth*: Mother had difficult labour; forceps used; use of anaesthetics on mother; late breathing or other possible oxygen deprivation
- *Vaccinations*: Dates, if possible of first vaccination of each kind received (can ignore booster shots)
- *Accidents*: car accidents, falls, blows to head, concussions, broken bones, animal bites
- *Surgical interventions*: e.g., tonsils, appendix, adenoids, dental, abdominal (including Caesarean sections), circumcision, vasectomy, hysterectomy
- *Drug Use*: antibiotics, anti-depressants, recreational drugs etc.
- *Hormones*: birth control pill, hormone replacement therapy, IVF, etc.
- *Severe Infections*: e.g., Lyme disease, mononucleosis, Epstein-Barr, measles, chicken pox, mumps, TB, pneumonia, etc.
- *Electrical Shocks* (including medical treatment)

Mental/Emotional

- Traumas involving loss, abandonment, grief, betrayal (e.g., death, loss of trust, relationship break-ups, loss of independence, job loss)
- Traumas involving great fear/anxiety, stress
- Traumas involving anger and indignation/humiliation (particularly where the emotion was suppressed/"swallowed"), guilt (mostly that someone tries to put on you)
- Feelings of envy or jealousy, or guilt that you put on yourself, self-blame, shame
- Traumas involving abuse, whether mental, emotional or sexual

NB: Some emotional traumas can involve a combination of emotions.

Timeline Example [this is the simplified way to list events for the record]:

Name:

2002: fall requiring stitches, freezing

2000: emotional - move to Ottawa - sadness, anxiety

1997: vaccination for travel - Hep B, Yellow Fever (vaccine reaction, illness) etc.